

LIPRODEN

10 mg of monacolin K in daily dose + artichoke extract + octacosanol Food Supplement Dietary product 30 capsules

Active ingredients:	100g of product contain:	1 capsule contains:	2 capsules contain:
Dry extract of artichoke leaf (Cynarae scolymi folii extractum siccum, standardized at min. 5% of cynarine)	43.48 g	100 mg	200 mg
Dry extract of fermented red rice seed (Red Yeast Rice Extract, standardized at 5% of Monacolin K)	43.48 g	100 mg	200 mg
Policosanol (standardized at 60% of octacosanol)	2.17 g	4.99 mg	9.98 mg

^{*}Percentage of recommended daily intake (RDI) has not been established

Nutritional information	100g of product contain on average:	1 capsule (230 mg) con- tains on average	
Energy value (kJ/kcal)	1544.0/364.2	3.55/0.84	
Fats (g)	3.3	0.008	
- of which saturated fatty acids (g)	<0.001	<0.001	
Carbohydrates (g)	48.9	0.112	
- of which sugars (g)	8.9	0.020	
Proteins (g)	35.0	0.081	
Salt (g)	0.8	0.002	

Ingredients: Dry extract of artichoke leaf, dry extract of fermented red rice seed (Red Yeast Rice Extract), **lactose**, policosanol, anticaking agents: E 460i, E 470b and E 551.

Artichoke (*Cynarae scolymus*) is a perennial Mediterranean plant which is traditionally used in treatment of dyspepsia, but also as a supplemental therapy in mild and moderate hyperlipidaemias. This plant also has a strong antioxidant and hepatoprotective effect. Artichoke is a plant rich in numerous compounds such as phenol-carbonic acids, bitter sesquiterpene lactones, flavonoids (cynarine) and some organic acids. Artichoke stimulates increased production and excretion of bile, which improves digestion of foods rich in fats. Inadequately decomposed fats cause digestive conditions such as flatulence, bloating and diarrhoea. It has been proven that the artichoke reduces the level of increased cholesterol and triglycerides in blood, through increased decomposition of cholesterol in the liver and excretion of surplus cholesterol in the form of bile products. These two processes are a natural mechanism for decrease of increased cholesterol in the body.

Fermented red rice is a product created by fermenting the rice grains with red yeast fungus. This ferment contains monacolin-K, a natural statin which acts by blocking the endogenous production of cholesterol in the liver by inhibiting the enzyme crucial in the process of synthesizing the cholesterol through the same mechanism as the synthetic statins. In this way, the quantity of cholesterol in the blood mainly depends on the quantity of cholesterol taken though food. As opposed to the synthetic statins, it does not damage the liver, even after years of use.

Policosanols are a natural mixture of higher aliphatic alcohols which has been isolated and purified from sugar cane. They are dominated by octacosanols. Those are compounds that create their positive effect by reducing the synthesis of cholesterol in the liver, but also positively affecting the proportion between the HDL and LDL cholesterol, by decreasing the level of the "bad" LDL, and increasing the level of the "good" HDL cholesterol in the plasma. The complex composition and synergy of components included in the LIPRODEN capsules ensure a secure, efficient and prolonged effect on the level of lipids in the plasma.

They are recommended as help:

- √ In case of increased blood lipid levels
- ✓ For reducing the blood cholesterol levels
- √ For reducing the blood triglyceride levels
- ✓ In atheroprotection, by protecting the arteries from progress in the atherosclerosis process
- ✓ For regulating the proportion between HDL and I DI
- ✓ In milder forms of liver damage

Dosing and use:

Persons above 18: 2 capsules per day with a glass of water, preferably after dinner.

Notes:

The recommended daily intake must not be exceeded. Dietary supplements may not be used as a replacement for a diverse and balanced diet and healthy lifestyle.

Warnings:

LIPRODEN capsules must not be used by persons allergic to any ingredient of the product. If you are taking any medicine or have any medical condition, please consult your doctor before use. Use of LIPRODEN capsules is not recommended for children, pregnant and breastfeeding women, persons receiving warfarin therapy, persons waiting for a surgery, haemophiliacs, persons with active liver diseases and permanently increased levels of serum aminotransferases, persons with gall stones (cholelithiasis) and obstruction of gallbladder canals. Do not use simultaneously with statins. Do not apply the product with grapefruit juice. Myopathy may occur and manifest as pain in the muscles, sensitivity or weakness with increased levels of creatine kinase.

Storage:

Keep out of reach of children, protected from light, at a temperature of up to 25° C.

Shelf life: 3 years.

Package: Box with 3 blisters x 10 capsules.



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